

Post-operative Instructions

Dermal Fillers

Post-op care:

- ✓ You leave the clinic after the procedure.
- ✓ The treated area is red and sensitive after the procedure. Only gentle physical contact is recommended and even the cooling with ice compresses must be done carefully. Swelling is to be expected for several days.
- ✓ Pressure upon the area must be avoided for at least two to three days (no massage, resting on the area at night, etc.) in order to avoid repositioning of the material.
- ✓ Until the swelling disappears, the client should avoid extreme cold and hot temperatures.

Undesirable Habits:

- ✓ Smoking and addictive substances generally speed up ageing and slow down the healing process; they should be avoided (at least one to two months).

Possible Complications:

- ✓ Post-operative bleeding, or bleeding caused by insufficient post-operative care at home.
- ✓ Swelling
- ✓ Prolonged healing
- ✓ Haematomas
- ✓ An imperfect effect resulting from nonobservance of the post-operative instructions given by the doctor .

These instructions are based on a normal post-operative condition. Healing and recovering are highly individual processes and apart from the patients' capacity to heal these also depend on their conscientiousness and respecting the post-operative instructions.

We would love to see how the healing process went and if you are satisfied with the results. Could you please send us some pictures after 2-3 months after the surgery so we can evaluate the results of the treatment.

Cosmetic Surgery Post-operative Care:

For full post-operative care, including wound dressings, removal of sutures, wound fluid aspiration and general advice following the surgery, our patients can receive preferential rates at:

Medical Express Clinic

117a Harley Street
 London W1G 6AT
 Tel: 02074991991

or

Karen Marwood-Jones R.G.N.

4 Upper Wimpole Street
London W1G 6LF
Tel: 07901822393

The cost of the consultation will vary, according to the nature of your surgery. For standard wound care and suture removal, MediCzech patients will be charged only £80 per session.

or

Judith Jobling, RGN. RM. INP. LLB (Hons)

Aesthetic and Bariatric Nurse Specialist and Band Fill Practitioner

Beauty Is Skin Deep
3 Chiltern Avenue, Flixton
Manchester M41 8SX
Tel: 07947606275

Free personal consultation at clinic which is situated near motorways and close to the Trafford Centre.
Evening and weekend appointments available. Home visits can be arranged at extra cost.