

Post-operative Instructions

Silhouette Lift

Silhouette Soft sutures are indicated for use in plastic and reconstructive surgery for faster adaptation of subcutaneous tissue and relocation of skin flabbiness. The goal is to improve the appearance of patient's face.

MATERIAL DESCRIPTION: Silhouette Soft sutures are absorbable, sterile surgical threads made from polylactic acid with specially formed cones made from specific absorbable material (lactide/glycolide) mounted to the thread. All the products are supplied sterilized for single administration.

Method effect:

The collagen frame that fills the wrinkles serves as a skin support, improves blood circulation making the skin brighter, improves skin structure, its elasticity and face lines, and smoothers deep and surface wrinkles.

Side effects:

Bruises and temporary swelling might occur after the treatment. There might form sometimes a depression in the area of punctures. These issues usually disappear in few days after surgery. The tendency to form small bruises is higher in the area of eyes, lower jaw, neck and forehead. Higher sensitivity in these areas might last few days, by sensitive individuals and in area of lower jaw up to 3 weeks. There are no scars forming after the application.

Post-surgery limitations:

Excessive facial expressions, face gymnastic, chewing of hard and big bites, heavy weight lifting and exercising are not recommended for 14 days. Face-lift massage and cosmetic treatments are not recommended for 1 month. Application of common cosmetic creams needs to be done from down up, gently and without any massaging. When washing your face, please proceed also from down up.

Post-surgery recommendations:

- 1) Apply a cold compress on the treated area if necessary.
- 2) To reduce pain it is possible to use medications with paracetamol.
- 3) Sleep with your head in a higher position, supported by a pillow (3-5 nights).
- 4) Wash the treated area very gently, avoid rubbing (5 days).
- 5) It is possible to gently put make-up after 24 hours.

- 6) Avoid direct sunlight and solarium exposure (2 weeks).
- 7) Avoid face massage and other aesthetic treatments (4 weeks).
- 8) Limit sports, especially if it requires heavy strain, like running (2 weeks).
- 9) Do not use sauna (3 weeks).
- 10) Do not undergo any dental intervention (3 weeks).
- 11) Limit any excessive facial movement (2 weeks).

This treatment is not suitable for clients who suffer from:

Any infectious disease, mental illness, keloid scars forming, by pregnant patients, patients suffering from blood diseases or acute tumorous disease.