

Post-operative Instructions

Surgical Lip Augmentation

Post-operative Care:

- ✓ The client leaves the clinic after the procedure.
- ✓ During the check-up, the wound is checked and rinsed with disinfectant.

Regime and Rest:

- ✓ It is absolutely necessary to keep the area clean.
- ✓ Rests of food should not get into the scars on the inner part of the mouth.
- ✓ It is also important to clean the teeth carefully up to five times a day with a soft toothbrush.
- ✓ It is also advisable to rinse the mouth up to five times a day with a chamomile infusion (decanted, with no small parts left).

Undesirable Habits:

- ✓ Smoking and addictive substances generally speed up ageing and slow down the healing process; they should be avoided (at least one to two months).

Possible Reactions after the Operation:

- ✓ Post-operative bleeding, or bleeding caused by insufficient post-operative care at home
- ✓ Swelling
- ✓ Prolonged healing
- ✓ Haematomas
- ✓ Infection of the wound
- ✓ Imperfect effect resulting from nonobservance of the post-operative instructions given by the doctor

When to Call:

- ✓ If you have increased swelling or bruising.
- ✓ If swelling and redness persist after a few days.
- ✓ If you have increased redness along the incision.
- ✓ If you have severe or increased pain not relieved by medication.
- ✓ If you have any side effects to medications; such as, rash, nausea, headache, vomiting.
- ✓ If you have any yellowish or greenish drainage from the incisions or notice a foul odor.
- ✓ If you have bleeding from the incisions that is difficult to control with light pressure.
- ✓ If you have loss of feeling or motion.

These instructions are based on a normal post-operative condition. Healing and recovering are highly individual processes and apart from the patients' capacity to heal these also depend on their conscientiousness and respecting the post-operative instructions.

We would love to see how the healing process went and if you are satisfied with the results. Could you please send us some pictures after 2-3 months after the surgery so we can evaluate the results of the treatment.

Cosmetic Surgery Post-operative Care:

For full post-operative care, including wound dressings, removal of sutures, wound fluid aspiration and general advice following the surgery, our patients can receive preferential rates at:

Medical Express Clinic

117a Harley Street
London W1G 6AT
Tel: 02074991991

or

Karen Marwood-Jones R.G.N.

4 Upper Wimpole Street
London W1G 6LF
Tel: 07901822393

The cost of the consultation will vary, according to the nature of your surgery. For standard wound care and suture removal, MediCzech patients will be charged only £80 per session.

or

Judith Jobling, RGN. RM. INP. LLB (Hons)

Aesthetic and Bariatric Nurse Specialist and Band Fill Practitioner

Beauty Is Skin Deep
3 Chiltern Avenue, Flixton
Manchester M41 8SX
Tel: 07947606275

Free personal consultation at clinic which is situated near motorways and close to the Trafford Centre. Evening and weekend appointments available. Home visits can be arranged at extra cost.