

## **To the potential patient of MediCzech**

On the 3rd of June 2015, I underwent a full abdominoplasty completely organised by MediCzech.

The reason I chose this surgery is that from 2013 to 2014 I had decided to lose 30 kilograms, as this was how much I had initially thought I was overweight. I ended up losing a total of around 42 kilograms. I lost this weight over a short span of time and unfortunately, due to lack of research, I did not know that this would leave me with a great deal of excess skin. Even if it were the case that I had lost this weight over a longer period, I probably would still have the excess skin.

Every time I looked in the mirror I knew that eventually the skin had to go so I started looking for options. By the time you are reading this, you probably already know that there is no real solution to excess skin except for plastic surgery. If you are lucky, the excess skin will contract a small amount over a long time and I waited a long time and my skin didn't change.

I chose to get the surgery done abroad as I had never travelled before, and prices of plastic surgery are extremely inflated in New Zealand (my home country). I began looking for options and decided to use a company which would do the organising of the surgery for me. I did this for two reasons. One is that English is my first, and only language. Therefore, getting surgery overseas was not something I wanted to risk without dealing with professionals. The second reason is that I wanted to feel safe, and it was hard for me to gauge, rate and find feedback on the other options that I was exploring. You may look at the many great reviews that MediCzech has already received.

I had emailed many other surgeons and organisations but chose MediCzech as their responses were the most professional, and the plan I was to follow was clear and understandable. You will understand what I mean if you decide to contact them. I was dealing with Tina at the time and there was no language barrier whatsoever. I already felt safe.

I had organised a whole holiday travelling all over Europe ending with the plastic surgery, so that I essentially achieved two goals at once. The second stop on the holiday was Prague. I just wanted to check out the facility out to see how everything would work. My expectations were easily exceeded as I saw the private hospital I would be staying in. Lucy showed me around and explained everything perfectly. It was actually a really fun experience to meet Tina, who I had been emailing, and Lucy, who I had seen on the MediCzech website.

I then had some of the best experiences of my life exploring Europe, with many of the highlights being in Prague (the most unique city I have seen yet). This is another reason to seriously consider MediCzech as being your medical facilitator. The city looks like it comes out of a fairytale.

As I am writing this it is the 5th of June, and my surgery is 2 days gone. As for the surgery itself, it went extraordinarily well. I experienced no pain, had a very interesting roommate. I was walking more than most patients would. As all surgeries can differ, I cannot guarantee this for you, as everyone is different and I just happened to react really well with the medicine provided, and the surgeon was extremely

skilled. What I can guarantee is that you will experience a very caring and professional level of service from the MediCzech staff. Me and my father both had the pleasure of dealing with MediCzech and we agreed that it would be hard to find this kind of service in our home country.

The service can be exemplified by my father's arrival in Prague. I had organised last minute for him to come and help me the surgery. I told Tina about this, and to keep it short, she promptly re-organised my accomodation to allow for my father's arrival. I was also really happy to be surprised by him in the hospital, which Tina had arranged as well. These are a couple of examples but the months preceding and days after the surgery can be filled with examples of the same service. Over this time I asked many questions and they were all answered by Tina and Lucy, or the answers were found out for me.

Two days have gone, it is a Friday, and Lucy is due to visit me tomorrow evening just to see how things are going. I can contact them as they have provided me with a phone and am now not worried about flying, as I have a certificate provided by MediCzech, showing the surgery I have undergone, which informs airline organisations of my special situation.

To try and keep it short, I couldn't be happier, and I really couldn't have expected things to go better. I'm sure lot of this is to do with my choice of MediCzech as my medical provider.

My contact details are below, please reach out if you have further questions about my experience with MediCzech or the abdominoplasty.

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**Kind Regards**

**Jonathan**